* Runners

Chiltern Church Runners in association with African Child Trust bring you;

The Reverse Roundshaw

A 5k run on Monday 25th August at 10.30 a.m. on Roundshaw Downs near the War Memorial of Imperial Way.

Entry £8 in advance £10 on day – Entry includes Race Number, Medal, Goody bag – which is itself a gym bag! Limited stock of T shirts in addition. Contact [j.l.howick@ntlworld.com](mailto:j.l.howick@ntlworld.com) to enter.

Prizes for first three Men and Ladies.

Cheques payable to African Child Trust. Optional Sponsor form attached.

First name: ……………………………………………………………… Surname: ……………………………………………………………………

E-mail: …………………………………………………………………………………Address: …………………………………………………………………

Post code: ……………………………………………………………… Telephone: …………………………………………………………………

Any medical conditions or known allergies: …………………………………………………………………………………

Sex: Male / Female Date of birth: …………………………………Age on race day: ………………

I accept that the organisers will not be liable for any loss, damage, action claim or expenses, which may arise in consequence of my participation in this event. I declare that I will not complete this race unless I am in good health on the day and that, in any event I will only compete at my own risk. Sorry, we cannot cater for wheelchair contestants. Please note, no refunds under any circumstances, but race numbers may be transferred.

Sponsored by

